HEALING FREQUENCIES REFERENCE TABLES

WISDOM NEXUS INSTITUTE - Version 3.0 - Avery Runner 2023

Nogier Healing Frequencies and treatment Application / Note "D"

Nogier freq a	2.28 HZ	INFLAMMATION
Nogier freq b	4.56 hz	IMMUNE SYSTEM
Nogier freq c	9.12 HZ	SPASMS
Nogier freq d	18.4 HZ	LOCOMOTIVE DISFUNCTIONS
Nogier freq e	36.5 HZ	PAIN
Nogier freq F	73 HZ	MENSTRUATION & EMOTION
Nogier freq G	146 HZ	CORTEX & INTELLECT
Nogier freq A	292 HZ	CELLULAR VITALITY
Nogier freq B	584 HZ	NUTRITIONAL DIGESTION
Nogier freq C	1168 HZ	MOVEMENT
Nogier freq D	2336 HZ	COORDINATION
Nogier freq E	4672 HZ	PAIN CONTROL

Schumman Resonance Frequencies

Schumman 1	7.83 HZ
Schumman 2	14.3 HZ
Schumman 3	20.8 HZ
Schumman 4	27.3 HZ
Schumman 5	33.8 HZ
Schumman 1	+4oct 125.28
Schumman 5	+2oct 135.2
Schumman 3	+3oct 166.4
Schumman 4	+3oct 218.4
Schumman 2	+4oct 228.8

Hans Cousto Cosmic Octave Planetary Frequencies + Hydrogen, Assorted Moons & Asteroids / Relative Colors Of Light Spectrum / TEMPO of Associated Orbits / Astrology of Planets

SUN	126.22 HZ "B"	GREEN YELLOW	118.3 BPM	LEO
MASTER FORK	128/256 HZ "C"	GREEN		
ASTRAEA - ASTROID	131.82 "C"	GREEN		
TRITON - NEPTUNE MOON	132.16 "C"	GREEN		
EARTH YEAR (OM)	136.1 HZ "C#"	BLUE GREEN	63.8 BPM	
HYDROGEN BETA	140.18 HZ "C#"	BLUE GREEN		
PLUTO	140.24 HZ "C#"	BLUE GREEN	66.7 BPM	SCORPIO
MERCURY	141.27 HZ "C#"	BLUE GREEN	66.2 BPM	VIRGO & GEMINI
ENCELADUS - SATURN	141.72 HZ "C#"	BLUE GREEN		
DIONE - SATURN	141.9 HZ "C#"	BLUE GREEN		
NESSUS - MINOR PLANET	142.44 HZ "C#"	BLUE GREEN		
ISIS - ASTEROID	142.65 HZ "C#"	BLUE GREEN		
2062 ATEN - (NE OBJECT)	143.17 HZ "D"	BLUE		
MARS	144.72 HZ "D"	BLUE	67.8 BPM	AIRES
SATURN	147.85 HZ "D"	BLUE	69.3 BPM	CAPRICORN
GEOMAGNETIC FIELD	149.74 HZ "D"	BLUE	70.2 BPM	
SOLAR SYSTEM ORBIT AROUND GALAXY	154.15 HZ "D#"	BLUE- IOLET INDIGO	72 BPM (144)	
IAPETUS - SATURN	156.66 HZ "D#"	BLUE VIOLET INDIGO		
HYDROGEN GAMMA	157 HZ "D#"	BLUE VIOLET INDIGO		
ZEUS - ASTROID	159.76 HZ "D#"	BLUE VIOLET INDIGO		
HOPI HEART / BIORHYTHM SPIRITUAL	164.8 HZ "E"	VIOLET		
NAIAD - NEPTUNE MOON	164.9 HZ "E"	VIOLET		
HYDROGEN DELTA	166.14 HZ "E"	VIOLET		
HYDROGEN EPSILON	171.65 HZ "F"	RED VIOLET UV		
PLATONIC EARTH YEAR	172.06 HZ "F"	RED VIOLET UV	80.6 BPM	
SIRIUS DOUBLE STAR	174 HZ "F"	RED VIOLET UV	81.6 BPM	
JUPITER	183.58 HZ "F#"	DEEP RED IR	86.1 BPM	SAGITTARIUS
CALLISTO - JUPITER	186.16 HZ "F#"	DEEP RED IR		
MOON CULMINATION	187.65 HZ "F#"	DEEP RED IR	87.9 BPM	
EARTH SYNODIC DAY	194.18 HZ "G"	RED	91 BPM	
EARTH SIDERIC DAY	194.71 HZ "G"	RED	91.3 BPM	
TITAN - SATURN MOON	194.85 HZ "G"	RED		
DYSNOMIA - ERIS	196.96 HZ "G"	RED		
TETHYS - SATURN	205.72 HZ "G#"	RED ORANGE		
URANUS	207.36 HZ "G#"	RED ORANGE	97.2 BPM	AQUARIUS
HYDROGEN ALPHA	207.67 HZ "G#"	RED ORANGE		
MOON SYNODIC	210.42 HZ "G#"	RED ORANGE	98.6 BPM	
NEPTUNE	211.44 HZ "G#"	RED ORANGE	99.1 BPM	PISCES
ROMULUS - SYLVIA MOON	212.57 HZ "G#"	RED ORANGE		
GANAMEDE - JUPITER	217.11 HZ "A"	ORANGE		
PSYCHE - ASTROID	217.89 HX "A"	ORANGE		
IO - JUPITER MOON	219.52 HZ "A"	ORANGE		
VENUS	221.23 HZ "A"	ORANGE	103.7 BPM	TAURUS & LIBRA
GALATEA - NEPTUNE	226.45 HZ "A#"	YELLOW		
MOON SIDERIC	227.43 HZ "A#"	YELLOW	106.6 BPM	CANCER
MOON METONIC	229.22 HZ "A#"	YELLOW	107.4 BPM	
OBERON - URANUS MOON	230.77 HZ "A#"	YELLOW		
MOON KNOT	234.16 HZ "A#"	YELLOW	109.8 BPM	
SIWA - ASTROID	240.75 HZ "B"	YELLOW-GREEN		
MOON SAROS	241.56 HZ "B"	YELLOW-GREEN	113.2 BPM	
CHARON - PLUTO MOON	243.22 HZ "B"	YELLOW-GREEN		
MOON APSIDIS	246.04 HZ "B"	YELLOW-GREEN	115.3 BPM	
SCHUMMAN RESONANCE	250.56 HZ "B"	YELLOW-GREEN	117.5 BPM	

Solfeggio Tones and note relations / Nicola Tesla Numerology of 3 6 9 (occult mathematical wisdom)

528 HZ "C"	-2 OCT = 132 HZ	"MI" LOVE FREQUENCY & TRANSFORMATION
285 HZ "C#"	-1 OCT = 142.5 HZ	HEALS AND RESTORES TISSUE & ORGANS
639 HZ "D# / E"	-2 OCT = 159.75 HZ	"FA" FOR HARMONIOUS RELATIONSHIPS & CONNECTING
174 HZ "F"		RELIEVES PAIN, TENSION & STRESS
741 HZ "F#"	-2 OCT = 185.25 HZ	"SOL" ELIMINATES TOXINS & NEGATIVITY
396 HZ "G"	-1 OCT = 198 HZ	"UT" RELEASES FEAR, GRIEF AND GUILT
417 HZ "G#"	-1 OCT = 208.5 HZ	"RE" RELEASES NEGATIVITY & TRAUMA - MAKE CHANGE
852 HZ "A"	-2 OCT = 213 HZ	"LA" AWAKEN INTUITION - RETURN SPIRITUAL ORDER
432 HZ "A"	-1 OCT = 216 HZ	TUNING WITH ACCLAIMED SOOTHING EFFECTS
963 HZ "A#/B"	-2OCT = 240.75 HZ	PURE MIRACLE TONE - DIVINE CONSCIOUSNESS

Resonant Frequencies of Human Parts

ABDOMEN	4-8			
SHOULDERS	4-8			
LUNGS	4-8			
SPINAL COLUMN	8			
EYEBALL	19		C0 16.5	
HEAD	20-40	E0 20.23	E0 20.79	
HANDS & ARMS	20-70	A0 27	G0 24.72	
		C#1 34.02	C#0 34.96	
		E1 40.64	D# 39.24	
CHEST WALL	60	F# 45.62	F1 44.05	
OCULAR GLOBE	60-90	B1 60.61	B1 62.3	
PANCREAS STOMACH	117.3 110	D2 72.08	D2 74.08	
MAXILLA	100- 200		B2 124.59	
		C3 128.43		
			C3 132	
		C#3 136.07	C5 528.01	
			C#3 139.85	
		D3 144.16		
		D#3 152.74		
BRAIN -1 oct LIVER -1 oct KIDNEYS -1oct	157.9 158.9 159.94		D# 156.98	
GALL BLADDER	164.3	E3 161.82	E3 166.31	
COLON	176	F3 171.44		
			F3 176.2	
		F#3 181.63	F#5 746.72	
			F#3 186.68	
		G3 192.43		
			G3 186.68	
		G#3 203.88		
			G#4 419.08	
BONE -1 oct	209.15		G#3 209.54	
		A3 216		
LUNGS	220		A3 222	
		A#3 228.85		
			A#3 235.2	
		B3 242.45	A#5 940.8	
FAT CELLS INTESTINES	295.8 281		B5 996.75	
BRAIN LIVER KIDNEYS MUSCLES	315.8 317.83 319.88 324		B3 249.19	
BLOOD BLADDER BONE	321.9 352 418.3	C4 256.87	C#4 279.7	
ADRENALS & THYROID	492.8	D4 288.33	D4 296.33	
		D5 576.65	C#5 559.4	
		D6 1153.3	D6 1185.34	
		D7 2306.6	E7 2660.99	
		D8 4613.21	B7 3986.99	

Archetype Frequencies, Brainwaves & Ling Louen 5 Element Notes

EPSILON	.01-.5 HZ
DELTA	.5-3 HZ
MANY SACRED SITES	1.45 HZ
ELEPHANTS LOWEST	3-4 HZ
THETA	3-8 HZ
ALPHA	8-12 HZ
WHALES	16 HZ
LOW BETA BETA HIGH BETA	12-15 HZ 15-22 HZ 22-38 HZ
MITOCHONDRIA GROWTH	25 HZ
MEMORY, ENHANCED COGNITIVE FUNCTION	40 HZ
THUNDER	40 HZ
BONES	45 HZ
GAMMA	38-80 HZ
HYPER GAMMA	80-100 HZ
LAMBDA	100-200 HZ
WOOD "C"	
COSMIC MICROWAVE BACKGROUND WEIN	130.85 HZ "C"
COSMIC MICROWAVE BACKGR. RADIATION : PLANCK "D#"	152.8 HZ
METAL "D"	
EARTH "E"	
WATER "G"	
FIRE "A"	
KING'S CHAMBER GREAT PYRAMID	250 HZ
CROP CIRCLES	297 HZ
QUARTZ CRYSTAL	4096 HZ

Various Tuning Fork Systems Including Jonathan Goldman

OTTO	64 HZ
OTTO	128 HZ
DNA Nucleotide CYTOSINE -2 oct	134.45
DNA Nucleotide THYMINE -2 oct	135.85
DNA Nucleotide ADENINE -2 oct	136.4
DNA Nucleotide GUANINE -2 oct	137.5
GAIA BRAIN TUNERS	250.56 & 258.39
MOSES CODE	250.5 & 336
SACRED RATIO PYTHAGOREAN	256 & 384
DNA PHI RATIO GOLDEN MEAN	288 & 468
LEMURIAN	540
DNA CYTOSINE THYMINE ADENINE GUANINE	537.8 543.4 545.6 550.0
PINEAL ACTIVATOR	2675

11 Minerals of Body - Lambdoma Research by Barbara Hero

SELENIUM -1 oct	136
POTASSIUM -1 oct	152
CALCIUM -1 oct	160
MOLYBDENUM -1 oct	168
CHROMIUM -1 oct	192
MANGANESE -1 oct	200
IRON -1 oct	208
IODINE -1 oct	212
COPPER -1 oct	232
PHOSPHORUS & ZINC -1 oct	240
SELENIUM	272
POTASSIUM, CALCIUM	304 320
MOLYBDENUM CHROMIUM MANGANESE IRON IODINE COPPER PHOSPHORUS ZINC	336 384 400 416 424 464 480 480

Notes to Chakras 440 HZ "Color of Sound" by NEXDRUM & Adapted Piano Key Chakra Color Code developed by Dameon Michael Keller

SOLAR HEART "B" 123.4 HZ GREEN YELLOW 543 THZ	
HEART CHAKRA "C" 130.8 HZ GREEN 575.3 THZ	
EARTH YEAR OM "C#" 138.6 HZ BLUE GREEN 609.5 THZ	
THROAT CHAKRA "D" 146.8 HZ BLUE 645.8 THZ	
3RD EYE CHAKRA "D#" 155.5 HZ BLUE VIOLET INDIGO 684.2 THZ	
CROWN CHAKRA "E" 164.8 HZ VIOLET 724.9 THZ	
SUPER CONSCIOUSNESS "F#" 174.6 HZ RED VIOLET ULTRAVIOLET 768 THZ	
BASE ASPECTS "F#" 185 HZ DEEP RED INFRARED 406.8 THZ	
ROOT CHAKRA "G" 196 HZ RED 431 THZ	
GUT INTUITION "G#" 207.6 HZ RED ORANGE 456.6 THZ	
SACRAL CHAKRA "A" 220 HZ ORANGE 483.8 THZ	
SOLAR PLEXUS "A#" 233.1 HZ YELLOW 512.5 THZ	

KABBALISTIC MUSICAL SYSTEM : PAUL FOSTER CASE - MUSICA UNIVERSALIS STUDIES / NOTES, TAROT KEYS, ASTROLOGY & PLANETS, HEBREW GLYPHS, ALCHEMY (cosmic octave tunings assigned to planetary astrology)

D	19 THE SUN	SUN	RESH	GOLD
E	8 STRENGTH	LEO	TETH	FIERY
C	20 JUDGEMENT	PLUTO	SHIN	FIRE
G	13 DEATH	SCORPIO	NUN	WATERY
D	6 THE LOVERS	GEMINI	ZAIN	AIRY
E	1 THE MAGICIAN	MERCURY	BETH	
				MERCURY
F	9 THE HERMIT	VIRGO	YOD	EARTHY
C	4 THE EMPEROR	AIRES	HEH	FIERY
C	16 THE TOWER	MARS	PEH	IRON
A	21 THE WORLD	SATURN	TAV	LEAD
A	15 THE DEVIL	CAPRICORN	AYIN	EARTHY
A#	10 THE WHEEL OF FORTUNE	JUPITER	KAPH	TIN
G#	14 TEMPERANCE	SAGITTARIUS	SAMEKH	FIERY
A#	17 THE STAR	AQUARIUS	TZADDI	AIRY
E	0 THE FOOL	URANUS	ALEPH	AIR
G#	2 THE HIGH PRIESTESS	MOON	GIMEL	SILVER
D#	7 THE CHARIOT	CANCER	CHETH	WATERY
B	18 THE MOON	PISCES	QOPH	WATERY
G#	12 THE HANGED MAN	NEPTUNE	MEM	WATER
F#	11 JUSTICE	LIBRA	LAMED	AIRY
F#	3 THE EMPRESS	VENUS	DALETH	COPPER
C#	5 THE HIEROPHANT	TAURUS	VAV	EARTHY

wisdom nexus